**Journal Entry #3:**

Revisit Journal Entry #1 (33 ways to help the environment) and read the 2 things you did to help the environment. Did your actions help stop global warming? Did you reduce your CO2 emissions somehow? Describe how or how not you helped stop global warming. Then, think about the things YOU do that increase global warming (increase CO2 emissions). What is the worst thing you do in terms of CO2 emissions? What would it take for you to stop doing this?

**1.Shorten your showers to help save energy. Not only will you be saving water, but also you’ll be saving energy by giving your water heater less water to heat.**

By shortening my showers, I believe that I did a small part in helping global warming. I also believe that I did reduce my CO2 emissions. I helped stop global warming is some ways by saving water, and I also gave my water heater less water to heat. It I am able to shower without using as much water, I should so that I’m not wasting water, and using electricity to heat the water I’m using.

**2. Paint your home a light color to help reduce home cooling costs and energy consumption. Researchers have found that houses painted white are 5°F cooler than those painted gray, and 4°F to 8°F cooler than those painted black.**

By painting our house a lighter color, I believe that I did a small part in helping global warming. Our house used to be a dark brown color, but by dad decided to change the color of our house to a light brown. By changing the color of our house to a lighter color, we don’t have to use electricity to keep the house cool. By doing this, I helped deduce my CO2 emissions.

**Reflection:**

Things that I do to help increase global warming would be leaving lights on when I leave a room when going into a different room. My family also uses a lot of gas because we travel around the island a lot, but when we go to school, would could carpool but chose not too. The worst thing that I believe that I do to increase CO2 emissions is not turning off the lights or T.V. when I leave the room. Something that I can do to stop this could be trying to remember to turn off the lights or T.V. when I leave the room so that I don't waste electricity.